**Bandwidth Recovery: Suggested Readings and Watchings**

Barratt, W. (2011). *Social class on campus: Theories and manifestations*. Sterling, VA: Stylus Publishing, LLC

Dweck, C. (2006). *Mindset: The new psychology of success*. New York, NY: Ballantine Books.

California News Reel. (2008). *Unnatural causes: Is inequality making us sick?* Documentary. <https://www.unnaturalcauses.org/episode_descriptions.php> (I am able to stream the entire 7-part series through my university library.)

Gould, S. J. (1996). *The mismeasurement of man*. New York, NY: W. W. Norton & Company, Inc.

Hammond, Z. (2015). Culturally responsive teaching & the brain: Promoting authentic engagement and rigor among culturally and linguistically diverse students. Thousand Oaks, CA: Corwin.

Kendi, I. X. (2016). *Stamped from the beginning: The definitive history of racist ideas in America*. New York, NY: Nation Books.

Mullainathan, S., & Shafir, E. (2013). *Scarcity: The new science of having less and how it defines our lives*. New York, NY: Picador/Henry Holt.

Redford, J., & Pritzker, K. *Resilience: The biology or stress and the science of hope*.

Documentary at <https://kpjrfilms.co/resilience/about-the-film/> (look at video under Bonus Content)

Steele, C. M. (2010). *Whistling Vivaldi: How stereotypes affect us and what we can do*. New York, NY: W. W. Norton.

Strayhorn, T. L. (2012). *College students’ sense of belonging: A key to educational success for all students*. New York, NY: Routledge.

Sue, D. W. (2010). *Microaggressions in everyday life: Race, gender, and sexual orientation*. Hoboken, NJ: John Wiley & Sons, Inc.

Tatum, B. D. (2017). *Why are all the black kids sitting together in the cafeteria? And other*

 *conversations about race*. New York, NY: Basic Books.

Verschelden, C. (2017). *Bandwidth recovery: Helping students reclaim cognitive resources lost to*

*poverty, racism, and social marginalization.* Sterling, VA: Stylus Publishing, LLC

Wilkinson, R., & Picket, K. (2011). *The spirit level: Why greater equality makes societies stronger*.

 London: Bloomsbury Press.

Cia Verschelden 2020